

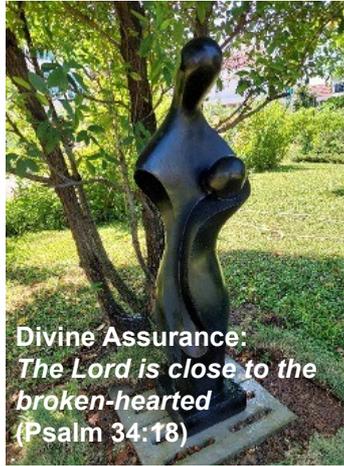


MONTFORT ADAGE

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Bro. John Albert



Divine Assurance:
The Lord is close to the broken-hearted
(Psalm 34:18)



Divine Comforting
I will not forget you
(Isaiah 49:15)

Sayings of St. Louis de Montfort



God Alone

If we do not risk anything for God, we will never do anything great for Him



If we knew the delight of a soul that knows the beauty of Divine Wisdom and that is nourished at the bosom of the Father (LEW 10)

Greetings in the Risen Lord Jesus!

It is a joy to write to all our Donors, Benefactors and Friends of Montfort Centre. In the midst of so many world crisis that affects all of us, we celebrated the Paschal Mystery that culminated with Easter – Jesus Is Alive! In this month of May we celebrated Mother’s Day and we specially honour Our Blessed Mother Mary. Life must go on, practice of virtues and creating of sacred spaces are our commitment at Montfort Centre. We have added two sculptors to inspire the retreatants as they make their spiritual journey in the Montfort Garden. My sincere gratitude to all those who have been supporting the cause of creating sacred spaces at Montfort Centre.

God Bless Us All!

Bro John Albert Arul Devanesan fsg (Local Superior)

Past Montfortian Experience Retreats

Companions of Jesus (March)

Thy Will Be Done (May)

Upcoming Montfortian Experience Retreats

Gentleness of Wisdom (3-5 June)

A Heart That Forgives (29-31 July)

Rosary in May

The rosary is the most powerful weapon to touch the Heart of Jesus, our Redeemer, who loves His Mother (St. Louis de Montfort)



God listens more to the voice of the heart than that of the mouth (The Secret of the Rosary)

In Solidarity

Suffering with the 'other'

By VeAnn Lincoln

An invitation for me to facilitate a group at the Montfortian Experience Retreat, Companions of Jesus in March 2022 reminded me of our Blessed Mother's "Fiat", her "Yes" to God at the Annunciation. I too said my little 'yes' with no hesitation. I was excited to be on this journey with the other retreatants yet humbled and anxious at the same time. With constant prayers and help from the Holy Spirit for all to go well, soon the anxieties somewhat fizzled out.

During our Zoom session, I was elated to see familiar faces and got to know new friends. During the facilitation sessions, I learnt to focus and empathised with each member's feelings, listening deeply. As we reflected on the questions, I became aware of my body language, nodding, smiling, understanding each member's viewpoints. The whole session taught me to first understand the other, their needs and feelings. With this way of listening, our relationship grows deeper, friendship is forged after four zoom sessions and we all felt ready for the onsite Day of Recollection to be open to one another with our fear of being judged.

The Chinese Character "Ting" teaches us to treat each individual like a King, listen to one another with our ears. We have 10 fingers/toes, but we observe each individual with our pair of eyes and listen to them with our heart. I will not hesitate to facilitate again as I believe God has called me on this journey (Matthew 22:14)

"Listening with the ear of the heart can be a scary experience because it can call me to a radical change, to a transformation of my limited human perspective."



Cultivating Virtues in Lent

The programmes team at Montfort Centre was delighted to conduct a session on cultivating virtues during the season of Lent for the CHIJ Kellock Primary 5 & 6 students (11 March) as well as for the Young Montfortian Associates from St. Gabriel's Secondary School (1 April).

The students discovered how the ten virtues of Mary can help them overcome their vices to become good persons in the truest and fullest sense. Using colouring and art, students drew crosses that represent and express their struggles. In small groups, they then shared about their own struggles during this season of Lent and how their chosen virtues can help them through their struggles. Many of the students found the session enlightening as they were more aware of their own crosses in life and how living out their chosen virtues can help them carry their crosses courageously!

Montfort Centre continues to conduct and facilitate pastoral programmes for schools as we are committed to the spiritual formation and accompaniment of young hearts and minds in the Montfortian way.

In his classic work *True Devotion to Mary*, St. Louis de Montfort lists the “ten principal virtues of the most Holy Virgin Mary.” They are:

- Profound humility
- Lively faith
- Blind obedience
- Continual prayer
- Universal mortification
- Divine purity
- Ardent charity
- Heroic patience
- Angelic sweetness
- Divine wisdom

These virtues may seem overwhelming at first, but there are simple ways to practice them in everyday life with the help of God's grace.



Cultivating virtues and sharing with each other



CHIJ Kellock Students using art to express their struggles in the season of Lent



Zerah invited students to share some virtues



Brother Dominic addressing the Associates at the Total Consecration Session

Some Exciting Updates

- * Say hello to Zerah Goh our new Executive Director who has some words to share on Montfortian spirituality
- * What a 'bumper crop' of over 40 Montfortian Gabrielite Associates making their Total Consecration session with Br. Dominic Yeo-Koh
- * Montfortians' Fellowship after an evening of prayer



Montfortians' Fellowship...after an evening of prayer

Give and it will be given to you - A unique Montfortian Experience for all

Make the Montfortian Experience available, accessible, and affordable especially for those most in need! Montfort Centre is always finding creative ways to make the Montfortian Experience available, accessible, and affordable, especially for those who need it most! Be it a classic stay-in retreat to a hybrid or online approach, it is our ardent desire to make the experience possible in whichever circumstances you are. As part of the Montfortian Experience, you are a unique contributor to our mission! Montfort Centre was established in 2003 with the aim of promoting the teachings of St. Louis Marie de Montfort. We are a people dedicated to 'God Alone' that draws people to experience True Wisdom inspired by the Montfortian Way. We are also a non-profit public company limited by guarantee.



Montfort gives all he has at the Cesson Bridge



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Volunteer in Hospitality, Group Facilitation, Gardening & Maintenance
 Tel: +65 67695711 | enquiries@montfortcentre.org | <https://montfortcentre.org/>