



MONTFORT ADAGE

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Montfortian Regional Conference 2026

The Montfortian Regional Conference 2026 was successfully held from 1-4 July 2026 at the Carmelite Missionaries Centre of Spirituality in Tagaytay City, Philippines. Guided by the theme, "Journeying as One, Our Shared Mission as Missionary Disciples", the conference gathered around 55 participants from across Myanmar, Philippines, Singapore, Indonesia, Malaysia, Thailand, Papua New Guinea, and India. The participants represented the three Montfortian congregations: the Montfort Missionaries (SMM), Daughters of Wisdom (DW), the Brothers of St. Gabriel (FSG), and the Montfort Lay Associates, reflecting the

richness and diversity of the entire Montfortian Family.

Over four days, the conference became a vibrant occasion for prayer, reflection, dialogue, and the sharing of missionary experiences. Through inspiring keynote presentations, plenary sessions, group discussions, and fellowship, participants deepened their understanding of the Montfortian charism and renewed their commitment to the shared mission of making Jesus Christ known through the spirituality of Saint Louis-Marie Grignon de Montfort.

Adapted from District of South East Asia News Letter n. 11 June, 2026





JOURNEYING AS ONE
Our Shared Mission as Missionary Disciples
1-4 JULY 2026

Togetherness in Diversity: Reflection from Montfortian Regional Conference 2026

The highlight of the Montfortian Regional Conference for me was the togetherness in diversity. Although we came from different cultures and spoke different languages, we connected warmly through prayer, learning, cultural dances, and shared joy. Seeing everyone participate in the MontFestival showed me that our differences could bring us together rather than divide us.

It reminded me that family does not mean being the same, but embracing our differences and journeying together with a shared purpose and mission, as reflected in our theme, "Journeying as One, Our Shared Mission as Missionary Disciples". Another meaningful takeaway was the phrase, "Those whom the world neglects must move you the most." The choice of using "neglect" instead of "reject" helped me see the importance of noticing not just those who are rejected, but also those who are often overlooked and responding to them with understanding and care.



by Gretchel Flores Orbeta
Hospitality Executive



Montfortian Experience (MX)

No Cross What A Cross!

What does the Cross mean in your life - a burden to avoid or the very source of God's wisdom and power? During the season of Lent this year, 16 people embarked on a journey to rediscover the Cross through the words of St. Louis Marie de Montfort, who teaches that God has enclosed in the Cross an abundance of grace, life, and even joy, known only to those who befriend Him. What the world calls foolishness, God transforms into salvation, reminding us that perhaps the greatest cross of all is not having one.

Across the three days of retreat, each participant came face to face with their crosses: giving their cross a name, having a conversation with their cross, and contemplating Jesus on the cross. Upon reflection, there is no greater love than Jesus who accepted all suffering, carried His cross willingly, and died on the cross for us. What each of them received may not be the absence of their crosses, but the peace and renewed understanding to continue carrying their crosses with love.



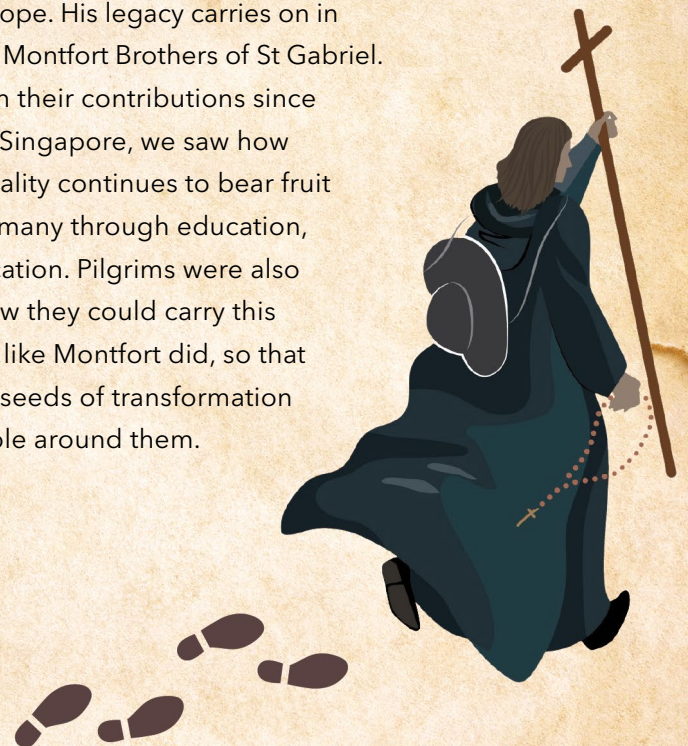


MX A Hill of Hope

A local pilgrimage around Montfort Centre was organized on 27 April 2026 to commemorate the Feast Day of St Louis Marie de Montfort on 28 April. Pilgrims were invited to journey through the important milestones in the life of Montfort, recognizing how his trials, perseverance and deep trust in God became a powerful witness of hope. His legacy carries on in Singapore through the Montfort Brothers of St Gabriel.

As we reflected on their contributions since their arrival in 1936 to Singapore, we saw how the Montfortian Spirituality continues to bear fruit – touching the lives of many through education, compassion and dedication. Pilgrims were also invited to reflect on how they could carry this hope forward, trusting like Montfort did, so that their acts can become seeds of transformation in the lives of the people around them.

by James Chng
Collaborator



Wisdom of The Heart (WITH)

“What do you want me to do for you?”. This simple yet profound question from Jesus, encountered through Lectio Divina on Mark 10:46-52, became the starting point for Wisdom of the Heart—a sacred space where educators and helping professionals are invited to slow down, listen deeply, and journey together.

Across two sessions on 6 and 27 June, 30 participants—including social workers, counsellors, and educators from non-Christian mission schools—came together in openness and trust. Through shared speech and intentional silence, they were invited to listen—to Scripture, to one another, and to the quiet presence of the Holy One.

In the midst of demanding work, these moments of pause offered something precious: space to breathe, reflect, and reconnect with God’s Wisdom within each heart.

Do stay tuned for the next run in 2027—we hope to journey with you then!

Cesson Bridge Experience (CBX) at Maris Stella High School

"What do you want to be when you grow up?" Both us and the Primary 6 students at Maris Stella High School would have heard this question many times growing up. Such a question assumes that we already know ourselves at a young age and perhaps, the questions we should be asking our young people are "Who are you?" and "How can you leave your mark?"

The transition from primary to secondary school may appear small, but for 12 year-olds, it is certainly daunting and endless in possibilities. As with any transition, there will be challenges and fears. The students became more aware of their worries of crossing over to secondary school, and learnt to embrace change by turning them into stepping stones.

With renewed courage, they then proceeded to craft goals to work towards their dreams. While many shared their dreams, some were also at a loss of what to write. The reminder was that hopes and dreams may change over time but what is more important are the values that they hold and opportunities that they take along the way. The call is to continue building up their hopes and dreams, and constantly seek out new adventures that life will open up for them!



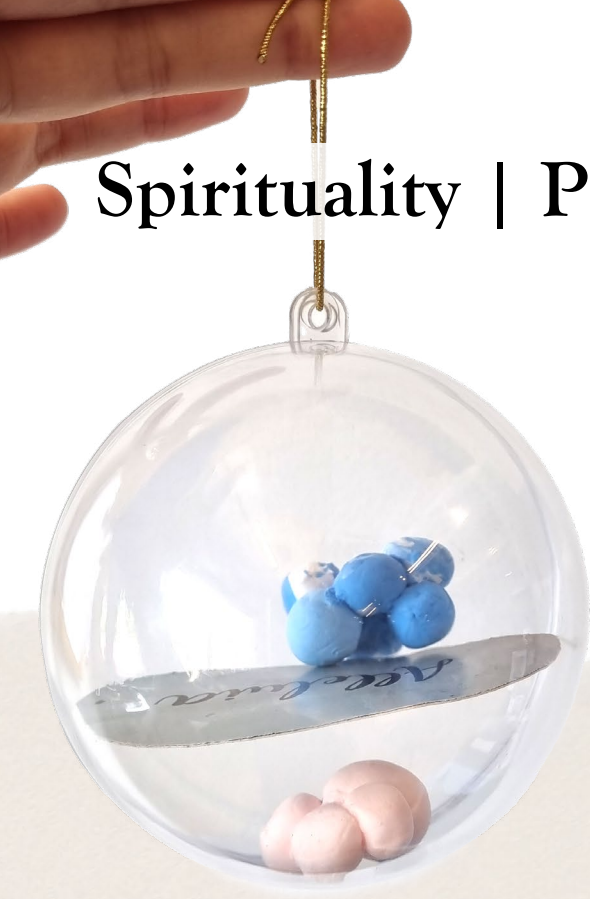
Totus Tuus Experience (TTX) Art Journaling Workshop

We returned to Maris Stella again to conduct an Art Journaling Workshop for 50 Catholic students from Primary 1 to Primary 5. The name "Stella Maris" which means star of the sea, became a beloved title for Mother Mary, especially among sailors and fishermen in the past. This is as it called to mind the North Star, Polaris, which has helped them to navigate the open sea. Today, just like Polaris, Mary continues to be the unmovable, certain guide through our seas of life, and always points us towards Jesus, the true North.

Through a journal sheet, each of the students were invited to follow "In the Way of MARY" – to Make Room, Ask, Reflect, and say Yes to God. Starting from the room of their homes, to the whirlpool of worries in their seas of life, they were asked, "Where is Jesus in their rooms and in their worries?" Rather than being overwhelmed in their whirlpool of worries, each of them discovered that, like Mary, when they pause to make room for Jesus, ask and ponder what this means, the whirlpool settles and they can then follow God's plan for them.



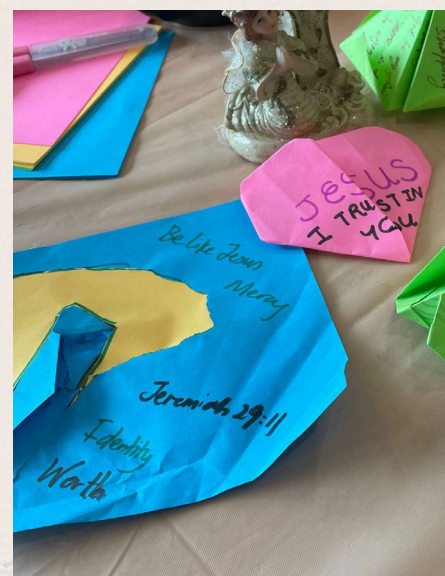
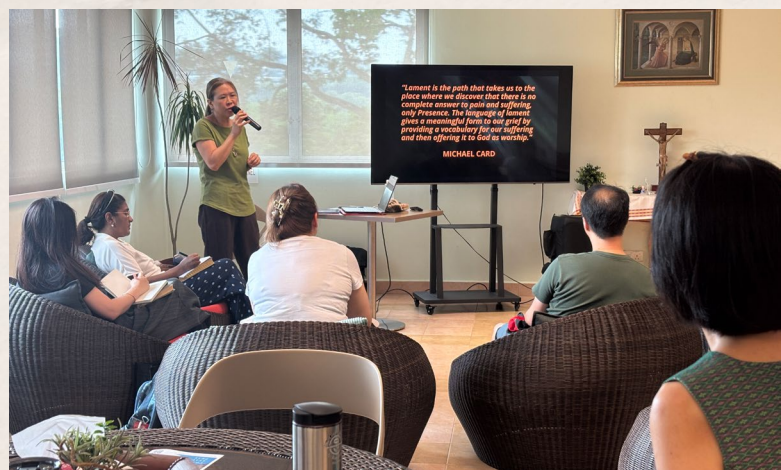
Spirituality | Prayer | Action (SPA)

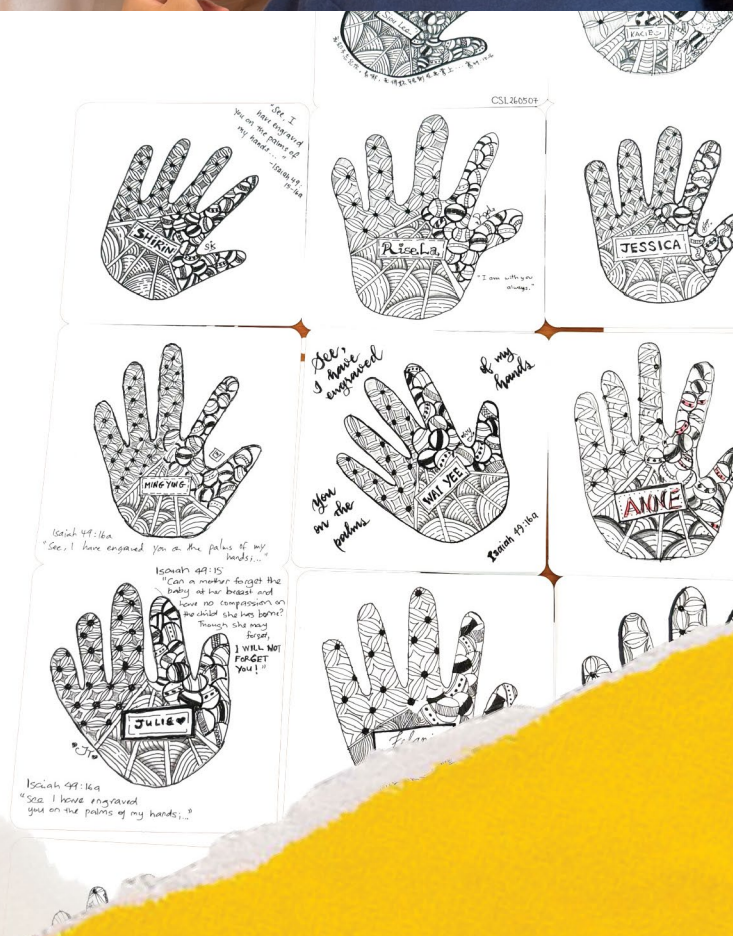


Our SPA programme collaborates with facilitators from diverse backgrounds to create space for all to come, relax, recharge, and renew in Spirit. This year, the programme has grown not just in number of facilitators, participants and sessions, but also in a variety of formats and activities.

We started the year with 'Creative Personal Planning 2026', where participants got to paint a pot bearing their word of the year, a reminder of God's plan for them through the year. During Lunar New Year, we reflected on the blessings of God through 'Chinese Calligraphy', and had a time of 'Spring Cleaning with Jesus', turning trash into treasures of truth using recycled materials.

This also led into Lent, a season of self-emptying and filling with Christ. Through 'Finding Dessert in the Desert' and 'Lament & Longing in the Unknown', we discovered how the sweetness of God's love can be found in the midst of our desert seasons of transition, grief or waiting.





Thereafter, we entered the season of Easter where we reflected on the resurrection through 'Painting Easter Lily as Prayer', and were reminded of the truths that stick closely to us through 'Play & Pray with Stickers'. Throughout the year, we constantly had opportunities to connect with our inner child and move in freedom and creativity, be it through painting, movement, chant, bubbles and various materials. There were also sessions on different journaling forms and techniques like 'The Good Shepherd and Me', 'Zentangle Journaling', and 'Prayer through Sketching'.

2026 has been an exciting year thus far, and more of such programmes are lined up for all to come and encounter God in a new way.



Leveling the Grounds

Isaiah 26:7: "The path of the righteous is level; you clear a straight path for the upright."

Some of you may have noticed that there have been some changes in our back garden, and the disappearance of some trees. As we clear the landscape and level the grounds, Montfort Centre is making way for improvements and changes to the space. We appreciate your understanding as we undergo renovation works in the last quarter of 2026. Do look forward to a new look and new prayer spaces come 2027!



Love Offering

A gift opens the way and ushers the giver into the presence of the great (Proverbs 18:16).

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